



爱的练习簿



Notebook of LOVE



神说：

“要有光”，就有了光。



*God said, "Let there be light," and
there was light.*

(创世纪/Genesis:3)



神的话是我脚前的灯，
路上的光。



*God's word is like a lamp that
shows me the way.
It is like a light that guides me.*



(诗篇/Psalms/119:105)

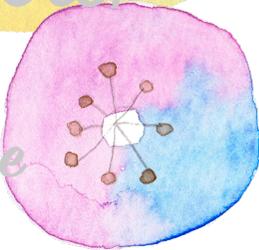


A collection of watercolor floral illustrations in various colors (yellow, pink, blue, green) and patterns (solid, starburst, floral) scattered around the top and right sides of the page.

世人都犯了罪，亏缺了神的荣耀；
如今却蒙神的恩典，因基督耶稣
的救赎，就白白地称义。

A large red watercolor circle containing a white rose-like floral pattern.

All have sinned and fall short of the glory of God,

A purple and blue watercolor circle containing a white starburst pattern.

*and all are justified freely by his grace through the
redemption that came by Christ Jesus.*

A green and blue watercolor circle containing a white starburst pattern, and a grey watercolor circle containing a white starburst pattern.

(罗马书/Romans 3:23-24)

神爱世人，



甚至将他的独生子赐给他们，

叫一切信他的，不至灭亡，反得永生。



For God so loved the world

that he gave his one and only Son.

that whoever believes in him shall not perish but have eternal life.



(约翰福音 / John 3:16)



惟有基督在我们还作罪人的时候
为我们死，神的爱就在此向我们显明了。



God demonstrates his own love for us in this:

While we were still sinners, Christ died for us.



(罗马书 / Romans 5:8)



你不要害怕，因为我与你同在；
不要惊惶，因为我是你的神。



我必坚固你，我必帮助你；
我必用我公义的右手扶持你。

so do not fear, for I am with you; do not be dismayed, for I am your God.



I will strengthen you and help you;

I will uphold you with my righteous right hand.



(以赛亚书 / Isaiah 41:10)

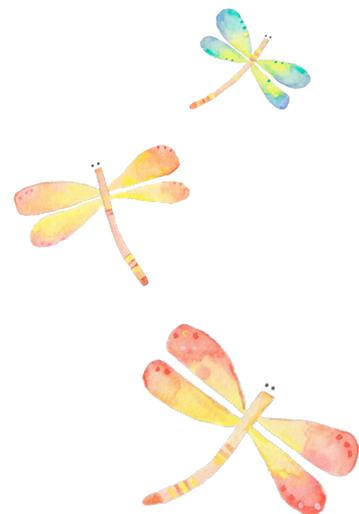


你们务要**敬醒**，在**真道**上站立得稳，
要作大丈夫，要刚强。凡你们所做的都要
凭**爱心**而做。



*Be on your guard; stand firm in the faith;
be courageous; be strong.*

Do everything in love.



(哥林多前书 / 1 Corinthians 16:13-14)



耶稣说：“我就是道路、真理、生命；
若不藉着我，没有人能到父那里去。
你们若认识我，也就认识我的父。
从今以后，你们认识他，并且已经看见他。”



Jesus answered,



“I am the way and the truth and the life.

No one comes to the Father except through me.

If you really know me, you will know my Father as well.

From now on, you do know him and have seen him.”

(约翰福音 / John 14:6-7)



虚心的人有福了！因为天国是他们的。
哀恸的人有福了！因为他们必得安慰。



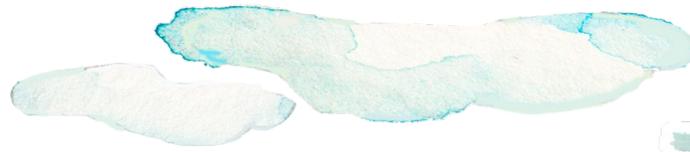
温柔的人有福了！因为他们必承受地土。
饥渴慕义的人有福了！因为他们必得饱足。

怜悯人的人有福了！因为他们必蒙怜悯。
清心的人有福了！因为他们必得见神。



使人和睦的人有福了！因为他们必称为神的儿子。
为义受逼迫的人有福了！因为天国是他们的。



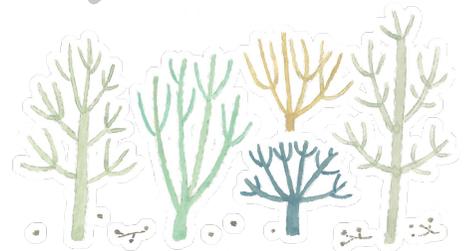


*Blessed are the poor in spirit,
for theirs is the kingdom of heaven.*



*Blessed are those who mourn, for they will be comforted.
Blessed are the meek, for they will inherit the earth.*

*Blessed are those who hunger and thirst for righteousness,
for they will be filled.*



(马太福音 / Matthew 5:3-6)



Blessed are the merciful, for they will be shown mercy.

Blessed are the pure in heart, for they will see God.



Blessed are the peacemakers,



for they will be called children of God.



*Blessed are those who are persecuted because of
righteousness, for theirs is the kingdom of heaven.*

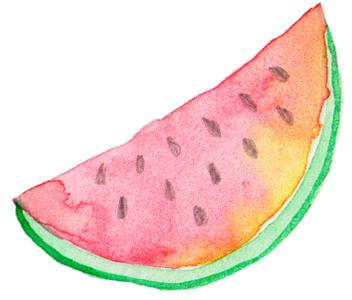
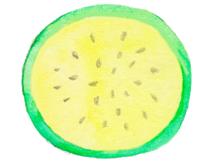
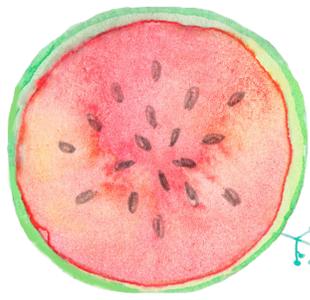




圣灵所结的果子，
 就是仁爱、喜乐、和平、忍耐、恩慈、
 良善、信实、温柔、节制。
 这样的事没有律法禁止。



*But the fruit of the Spirit is
 love, joy, peace, forbearance, kindness,
 goodness, faithfulness, gentleness and self-control.
 Against such things there is no law.*





要常常喜乐，不住地祷告，凡事谢恩；
 因为这是神在基督耶稣里向你们所定的旨意。



不要消灭圣灵的感动；不要藐视先知的讲论。



但要凡事察验；善美的要持守，各样的恶事要禁戒不做。

*Rejoice always, pray continually, give thanks in all circumstances;
 for this is God's will for you in Christ Jesus.*



*Do not quench the Spirit. Do not treat prophecies with contempt
 but test them all; hold on to what is good,
 reject every kind of evil.*

